



Inspire ★ Believe ★ Achieve

*'Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith.'* 1 Timothy 4:12

## **Physical Education (PE) Policy**

### **Intent**

At Yealand CE Primary School we recognise the importance of providing all children with opportunities to engage fully in Physical Education (PE). Through PE, children acquire not only physical skills, knowledge and understanding, but also the awareness and importance of leading a healthy lifestyle and the importance of physical activity. PE embeds the values of sportsmanship, fairness and respect. We hope that, through the sporting opportunities and physical activity we offer, the children will develop a love and passion for sport and continue this into their later lives. We aim to provide a broad and balanced curriculum that satisfies the requirements of the National Curriculum. With 2 hours of high quality physical activity per week for all pupils in an environment in which pupils enjoy and are committed to sports. Ensuring that all pupils, irrespective of ability, have opportunities to experience and succeed in a wide range of sporting opportunities.

### **Implementation**

PE activities are built upon the prior learning of the children. While there are opportunities for children of all abilities to develop their skills, knowledge and understanding in each activity area, there is progression planned, so that the children are increasingly challenged as they move up through the school.

Pupils in both Robin Class (Reception & KS1) and Swallow Class (KS2) engage in two lessons of high quality PE each week.

All pupils are provided with a variety of opportunities throughout the school day to increase the time that they can be physically active. This is through active play times, lunch times and after school clubs.

In Little Owls (Nursery) and Robin Class, children focus on coordination, confidence, competence, cooperation and challenge. This is delivered to them through their curriculum, of which physical development is a prime area of learning and is recognised as fundamental to support development in all other areas. All children have the opportunity to undertake activities that offer appropriate physical challenge, both indoors and outdoors, using a wide range of resources to support specific skills; both gross and fine motor.

In Swallow Class, children focus on coordination, confidence, competence, cooperation, challenge, communication, collaboration and competition. They build on the skills taught in Robin Class and begin to link these together to develop mastery in all areas of the subject.

Opportunities throughout the year are available for all children, from Reception to Year 6 to develop their 'water wings' and build confidence, style and stamina to swim. Swimming is taught by qualified instructors and delivered at the local swimming pool.

Each half term, the children compete in active inter-house competitions which take place on our school grounds, at our forest school site and within the local community.

### **Impact**

At Yealand Primary CE we motivate our children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness and equip them with a passion for sport which they can extend in out of school activities.

### **Assessment**

As with all aspects of the curriculum, ongoing assessment takes place in PE. Teachers use this information to inform next steps, assess pupil knowledge and understanding alongside the application of skills. Termly assessments are recorded on the Dimensions Tracker. This data is analysed on a termly basis, to inform and address and trends or gaps in attainment as well as finding strengths and weaknesses. Children in the Early Year's Foundation are assessed within Physical Development and their progress is tracked using the Dimensions Tracker. Age related expectations levels are reported to parents at the end of the Reception Year.

### **Performance Indicators**

Performance indicators which are the criteria for the success of the school's PE policy at Yealand CE Primary School are

- Early Years Foundation Profile (Statutory Assessment)
- Dimensions Data Analysis (Using end of term assessments)
- Pupil Voice (Enjoyment of PE and their ability to talk confidently about what they are doing.)

Children who are seen to be performing under their age-related expectations are provided with additional support to develop and strengthen both their gross and fine motor skills.

### **Resources**

Resources for PE are housed with the PE shed situated on the field and gym equipment is stored within a cupboard in the village hall. This equipment is annually checked through LCC.

### **Monitoring and Evaluating**

The PE subject leader works alongside all the teachers, monitoring and evaluating the quality and standards of PE throughout the school. Opportunities to review the scheme, provision, resources, policy and published materials are given on a regular basis during staff meetings.

Policy Date... October 2021

Review Date annually or sooner

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