



Inspire ★ Believe ★ Achieve

'Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith.' 1 Timothy 4:12

Relationship and Sex Education (RSE) and Health Education Policy

The greatest commandment Jesus taught was to love God and to love your neighbour. Within this commandment is the foundation of the Christian view of relationships. At Yealand Church of England School our relationship education seeks to live out this command and explore how we can 'love our neighbour' through what we say and do. Our school focusses on the importance of relationships and the qualities and character needed to sustain the best relationships that honour each other whether within a friendship, family relationship or romantic relationship.

Each child is a unique being, a child of God, loved and accepted. As such, our school seeks to enable children to develop through an inclusive programme of teaching that is based on Christian principles, which both respects the human body and seeks to ensure health and well-being.

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved a review with staff looking at relevant information nationally, received from the Diocese and local guidance. Governors discussed and shared ideas, thoughts before approving the policy and Yealand investigated what they wanted exactly from their RSHE. This policy will be reviewed every 3 years using the same process, drawing on the views of pupils, parents, staff and the community at the time of review.

Intent

The intent of relationship, sex and health education at Yealand CE Primary School is:

- To ensure Sex and Relationships Education is part of a child's broad, balanced curriculum, integral to the basic curriculum of the school and part of the child's all-round development.
- To enable pupils to understand the qualities of healthy relationships based on Christian principles, including the importance of marriage and lifelong commitments as a basis for sexual relationship.
- To prepare children for healthy relationships in an online world.
- To understand how to stay safe, know the importance of boundaries and how to report abuse or feelings of being unsafe.
- Help pupils develop a positive and secure personal identity, a sense of their own value and feelings of confidence and empathy.
- Create a positive culture around issues of sexuality and relationship.
- To ensure that all understand the importance of respecting others and accepting those who differ, yet challenging those behaviours and attitudes which exploit others and do not reflect Christian values.
- To know how to 'love your neighbour' even when we might disagree.

Implementation

Teaching across the school is delivered using the Coram Life Education SCARF materials & Growing up...Growing wise materials and:

- Is in line with the Church of England foundation of the school.
- Delivered with sensitivity.
- Staff will model positive attitudes to RSE.
- Staff will respond to the needs of individual pupils.
- Staff will respond appropriately to pupils whose parents wish them to be withdrawn from sex education.

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the Mrs Gale, the Head teacher.

Curriculum Overview – Nursery to Year 6

All curriculum content is adapted to meet the needs of pupils with special educational needs or disabilities and where specific adaptations are needed, they are detailed in the overview.

AUTUMN 1	AUTUMN 2
<p>Me and My Relationships</p> <p><i>Includes feelings/emotions/conflict resolution/friendships</i></p>	<p>Valuing Differences</p> <p><i>Includes British Values</i></p>
SPRING 1	SPRING 2
<p>Keeping Myself Safe</p> <p><i>Includes aspects of safe internet use, drugs and Relationship Education</i></p>	<p>Rights and Responsibilities</p> <p><i>Includes money/living in the wider world/environment</i></p>
SUMMER 1	SUMMER 2
<p>Being My Best</p> <p><i>Includes keeping healthy/Growth Mindset/goal setting/achievement</i></p>	<p>Growing and Changing</p> <p><i>Includes RSE – related issues</i></p>

Teaching of the RSE&H Curriculum is delivered by:

- Miss Heather Scott & Mrs Kathryn Brown – Little Owls (EYFS)
- Mrs Kirsty Beswetherick & Mrs Kathryn Brown – Robin Class (Reception & Key Stage 1)
- Mrs Katrina Gale & Miss Rachel Thomas – Swallow Class (Key Stage 2)

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity. Yealand’s Relationship and Sex and Health Education programme will provide opportunities for children to ‘talk honestly and openly’. At the same time, we respect the pace of children’s maturation.

Yealand has decided not to teach about or answer questions on... rape, oral sex, exploitative or violent sexual practices, incest, abortion, prostitution, contraception, masturbation or about forms of sexual

intercourse including homosexual practices or foreplay. AIDS/HIV issues will be discussed in an age-appropriate and sensitive manner as and when they are encountered.

If a child asks a question on any topic listed in the first section of the above list, teachers will explain that this is a matter not dealt with in school, that the child should consult his/her parent for an answer. The school will normally seek to inform parents when such a question is asked.

In some cases, a question or request for advice may indicate the pupil to be at risk or in danger, in which case appropriate action will be taken in accordance with the school's written policy and procedure for Child Protection. This also means that if a pupil puts a private question to a teacher or other member of staff and requests secrecy, no promise of secrecy or confidentiality will be given, but with the reassurance that any steps taken will always be in the pupil's best interest.

Impact

The delivery of RSE is monitored through:

- Start of learning journey and end of learning self-evaluation
- Book/work/planning scrutiny
- Lesson Observations & staff discussions

You shall love your neighbour as yourself.

Matt 22v39