



3rd April 2020

Message from Mrs Gale

I hope this finds you and your family well and coping at this very difficult time. Life this last couple of weeks is so different from anything we have experienced before.

There is lots of support online and through Facebook to help families and individuals through the continued social isolation many of us are feeling.

Fr. Robin is continuing his weekly Eucharist from his study, a link was sent out via Remind on Sunday but can also be found by searching for United Benefice of Warton and Borwick with Yealand.

CSI 'Couch to Out' Weekly Online Timetable – you should have received a copy of their weekly timetable to keep you all on your toes!

Joe Wicks continues to broadcast Monday to Friday via Facebook & YouTube from 9am for 30 minutes of PE and Shonette, a sprinkle of happiness, has lots of interesting activities to take part in; log on to her YouTube channel

https://www.youtube.com/channel/UCj0shfH3pzhrf3dOrSj_pRw

It would be great if the school family could continue to support the local food banks which are of particular importance for many families who are struggling financially with the restrictions put in place at present. I will be going to the food bank during the second week of the Easter break and so any contributions, not matter how small can be left outside school during the hours of 9-4, Monday to Friday. Staff will continue to be in school throughout what should have been the Easter break to keep school open to those vulnerable children and children of Keyworkers.

Remember school is here to support you all, you can call, email or message through Remind. Over the Easter break a project has been set for all pupils, these will be sent through the mail to ensure that all are received.

A prayer to share

God of love and hope,
you made the world and care for all creation,
but the world feels strange right now.
The news is full of stories about Coronavirus.
Some people are worried that they might get ill.
Others are anxious for their family and friends.
Be with them and help them to find peace.
We pray for the doctors and nurses and scientists,
and all who are working to discover the right medicines
to help those who are ill.
Thank you that even in these anxious times,
you are with us.
Help us to put our trust in you and keep us safe.
Amen.

Take care of yourselves and families, you are all in our thoughts and prayers.

Mrs Katrina C Gale & Staff of Yealand CE Primary School

Items required for April's food bank

**BAKED BEANS, SPAGHETTI, SOUP
CURRIES, CHILLI, STEAK OR CHICKEN MEALS, PIES
TUNA, SARDINES, CORNED BEEF, HAM, HOT DOGS
PEAS, CARROTS, SWEETCORN, POTATOES, TOMATOES
RICE PUDDING, CUSTARD, FRUIT**

Other items include...

**COFFEE (4 oz), TEA BAGS, HOT CHOCOLATE
LONG LIFE MILK, CEREALS, PORRIDGE, JAM
PASTA, RICE, MASHED POTATOES**

Below is a typical one-person food parcel...



**...we love to be able to supplement this with
packets of biscuits, cakes, toiletries and more.**

Easter Activity Ideas

- * Decorate an Easter tree/branch indoors or outdoors depending on the weather with eggs, spring décor, tissue paper and ribbons. A lovely uplifting activity for all the family to get involved with
- * Easter Egg Hunt around the house or garden
- * Plant Flowers, Plants and Vegetables
- * Read Easter themed children's books, grab a blanket get cosy and snuggle up
- * Easter act of kindness—Prepare a homemade card or “self isolation” parcel and leave on a neighbours doorstep whilst doing your daily exercise to help spread kindness around your community

